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Homeopathy For Problem Children



Time was when children trotted off to school every morning, learnt a little, played a lot, were scolded occasionally and came home grubby but happy at the end of the day. Then, about a decade ago, the paradigm changed, mirroring social and economic changes in the large Indian metros. These changes brought about a 'modern' value system, which has spelt ill-health for vast swathes of the population including our children.

This transformation is amply reflected in the children MindHeal Homeopathy meets at our outreach programmes in schools in Chembur, where our clinic is located. In 2010, through 14 events, MindHeal Homeopathy covered more than 7,500 children, at the pre-primary, primary and secondary levels.

And then there are young patients I consult with, one-on-one, in my clinic every single day. Forty per cent – yes, 40 per cent – of my patients are children and teenagers. And as joyous as it is to see them heal and nudge them on the road to becoming good students and responsible young adults, the problems they walk in with make for a depressing list.

Top three problems children face

Behaviour Problems: A large percentage of school children exhibit behaviour that falls into the following categories: truancy, defiant, hyperactive, bullying, aggressive, passive-aggressive, a-social and downright anti-social.

Callousness: Parents often complain that their children are "indifferent". There is a basic lack of sensitivity that has crept into today's children, with some kids seemingly unresponsive to either positive or negative situations.

Academic Difficulties: Behaviour problems and a callous

attitude to life immediately impacts on their academic performance, where even obviously intelligent children flunk or barely scrape through their exams. Parents also report that a basic lack of interest to learn.

Our outreach programmes also suggest that as many as 5 per cent of school children suffer from learning disabilities.

How can homeopathy help?

Homeopathy goes way beyond treating illness. Behaviour and other problems in children reflect a departure from a child's optimal personality and temperament. Such behaviour leans towards the 'sickness' end of the continuum.

MindHeal Homeopathy's simple remedies alter basic temperament, attitudes and moods, and normalises them uniquely for each individual. In other words, when applied correctly, homeopathy can gently bring about profound personality changes in a way that makes a child the best he or she can be. This is because MindHeal's remedies effect changes at the very constitutional, biochemical and genetic levels. And since every experience, thought, mood, emotion and personality trait boils down to one's basic biochemical make-up, homeopathy can indeed turn a problem child or an excessively withdrawn child into a calm, confident and happy young individual.



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